

## Food Pantries

[Hope Lutheran Church Food Pantry](#) 715-532-7739  
320 S 1<sup>st</sup> St, Ladysmith, WI 54848  
Monday 1pm to 3pm, Friday 9:30 am to 11:30 am  
Oct, Nov, Dec 2025 (hours temporarily lengthened: Monday noon to 3pm, Friday 9 to Noon.

Sheldon Food Pantry (Sheldon and Conrath residents only)  
[ONE HOPE Church](#) 715-492-1199  
W5662 Main St, Sheldon, WI 54766  
2<sup>nd</sup> Thursday of month 9 to 11am  
4<sup>th</sup> Thursday of month 4 to 5:00pm

Bruce Pantry (Accepts any WI family) 715-868-3565  
Enter thru alley of Bruce's Place, Main Street, Bruce, WI  
Look for sign on building (Bruce, Exeland, Weyerhaeuser residents only)  
2<sup>nd</sup> Thursday of month 5 to 6:00PM  
4<sup>th</sup> Friday of month 10 to Noon  
Accepts any Wisconsin family. Emergency food need, call 715-415-3724

[Hawkins Community Cupboard](#) 715-585-2303  
915 Main St, Hawkins, WI 54530  
1<sup>st</sup> and 3<sup>rd</sup> Wednesday of month 9 to Noon and 3 to 4

## Community Meals

Manna Meal 715-532-7739  
[Hope Lutheran Church](#)  
320 1st Street South, Ladysmith, WI  
Free meal served last Thursday of the month  
5pm to 6pm

Monday Fellowship Meal 715-868-4455  
Nathaniel Lutheran Church  
1220 N 2nd Street Bruce, WI 54819  
Free meal served the last Monday of each month  
5pm (unless there is a holiday)

**Some schools have a weekend back pack program. Call your local school for more information.**

## Public Assistance Programs

Northern Income  
Maintenance Consortium 888-794-5722

[Rusk County Economin Support](#)  
Provides assistance for determining eligibility and enrollment into the following services:

- BadgerCare Plus
- BadgerCare Plus Prenatal
- Family Planning Only Services
- Food Share
- Caretaker Supplement
- Child Care assistance/Shares

[Medicaid and BadgerCare](#) 800-291-2002  
Enrolls you into an HMO (health maintenance organizations) or answers general questions about HMOs.

[Rusk County Health & Human Services](#) 715-532-2299  
Provides health, nutrition, prescription drug plans, family planning waivers, energy assistance.

- **WIC**
- Energy Assistance
- Children's Long-Term Support (CLTS)

[Workforce Resource](#) 855-792-5439  
Wisconsin Works (W2) & F-Set. Help individuals within their communities prepare for jobs through education, training and/or support services.

[Rent Assistance and Housing Programs](#)  
**Get a Resource Guide for Housing at Rusk Co HHS**  
Ladysmith Housing Authority 715-532-7076  
Landmark Company 800-924-3256  
Section 8 Voucher Program 608-254-8353

## Thrift Store

[Connections Thrift Store](#) 715-532-1622  
121 E. Miner Ave, Ladysmith. Open Wed, Thurs, Fri, and Saturday. Call for times open.

<https://www.dhs.wisconsin.gov/wic/non-discrimination.htm>

This institution is an equal opportunity provider. For more information look here:

# Rusk County Resource Guide



## IMPACT 2-1-1 (call 211)

A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

- Alcohol/other Drug Abuse
- Child and Elder Care
- Crisis Intervention
- Financial and Legal
- Mental Health
- Shelter

311 Miner Avenue E, Suite C220  
Ladysmith, WI 54848

Phone: 715-532-2299

WIC Cell: 715-415-1714

Fax: 715-532-2217

Email: [wic@ruskcountywi.us](mailto:wic@ruskcountywi.us)

<http://www.ruskcounty.org/wi>



## Alcohol, Smoking and Drug Use Services

*Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.*

[Ladysmith Alano Club & AA](http://www.area61afg.org) 715-532-7196  
[www.area61afg.org](http://www.area61afg.org)

Alcoholics Anonymous  
District 23 Information & Help Line 715-931-8262  
[www.area74.org](http://www.area74.org)

[Aurora Community Counseling](http://www.auroraservices.com) 715-532-9771  
Information and scheduling  
[www.auroraservices.com](http://www.auroraservices.com)

[First Breath-Tobacco and Substance](http://www.firstbreath.org) 608-251-1675  
First Breath is Wisconsin's free program to help people make positive changes to their tobacco, alcohol and substance use during pregnancy & beyond! Gifts for participation.

[Marshfield Clinic](http://www.marshfieldclinic.com) 715-387-9077  
Behavior Health, Psychiatry and Psychology

[Community Counseling Services](http://www.communitycounseling.org) 715-723-1221  
Provides services for alcohol and drug abuse issues; provider for Rusk County OWI assessments.

[Wisconsin Addiction Recovery Helpline](http://www.wisconsinaddictionrecoveryhelpline.com) Call 211  
Available statewide 24 hours a day, seven days a week.  
Alternate number: 833-944-4673

[Substance Abuse Men& tal Health Helpline \(SAMHSA\)](http://www.samhsa.gov)  
1-877-726-4727  
Confidential service open 24/7, 356 days a year.

[Quit Line](http://www.quitline.com) 800-784-8666  
You can: Chat online, text READY to 34191, or talk with a quit coach at the number above.

## Mental Health Services

[Forward Health Find Care](http://www.forwardhealth.com)

[Creative Healing Mental Health](http://www.creativehealing.com) 715-797-2770  
1791 County Highway 00, Chippewa Falls

[Aurora Community Counseling](http://www.auroracounseling.com) 715-532-9771  
Counseling and Therapy

[Rusk County Crisis Line](http://www.ruskcountycrisisline.com) 888-636-6655  
Provides help to individuals who are experiencing a mental health crisis. Answered 24/7/365.

[Postpartum Support International](http://www.postpartuminternational.com) 1- 800-944-4773  
or text 503-894-9453  
24 hour mental health helpline to support families during pregnancy, pregnancy loss, and the postpartum period.

[Grief Share support Group](http://www.griefshare.com) 715-532-7739  
Through Hope Lutheran Church, Ladysmith.

## Free Health Clinics

[Rice Lake Area Free Clinic](http://www.ricelakefreeclinic.com) 715-736-3733  
Open every Tuesday of every month and 2 Mondays. The first Tuesday we are open 10AM to 1PM, all other Tuesdays, 4-7pm. Mondays are morning by appointment. Please contact them before coming the first time to coordinate care. BOOK NOW link on available on the website.

[Chippewa Valley Free Clinic](http://www.chippewa-valley-free-clinic.com) 715-839-8477  
Tuesdays 4:30-8pm, The First and third Thursdays 9am-1pm, Appointments preferred.

[Chippewa Valley Open Door Clinic](http://www.chippewa-valley-open-door-clinic.com) 715-720-1443  
Tuesdays 5:00-7:30pm, No appointments taken. First Presbyterian Church, 130 Oak Ridge Dr, Eau Claire Provides basic health care to Chippewa County residents without insurance.

## Dental Services

[Ladysmith Dental Center](http://www.ladysmithdental.com) 715-532-2500  
Accepts BadgerCare and other insurances, Ladysmith

[North Lakes Community Dental](http://www.northlakesdental.com) 715-719-1010  
Accepts Badger Care Rice Lake

[Bridging Brighter Smiles](http://www.bridgingbrightersmiles.com) 715-532-2299  
Accepts Badger Care for those enrolled in WIC program, children and women can receive dental cleaning and screening

## Immunizations

Your child's doctor knows your child's health best. It is recommended that your child's doctor be contacted first regarding immunizations. Additional sources of immunizations include:

[Rusk County Public Health](http://www.ruskcountypublichealth.com) 715-532-2299  
Provides immunizations at no cost to children uninsured, underinsured (insurance doesn't cover immunizations), or with BadgerCare. Reproductive health services also available, STD screening, and birth control. Call to schedule an appointment.

## Parenting and Family Services

[Indianhead Family Resource Center](http://www.indianheadfamilyresourcecenter.com) 715-532-1589  
1000 W. College Ave, Ladysmith. Call before stopping in. Provides parenting supports and education. Referral to child care, community resource, learn and play groups, help with diapers and clothing, car set checks.

[Headstart- Indianhead Action Agency](http://www.headstart.org) 715-609-0130

[Birth to 3](http://www.birthto3.com) 715-532-2299  
Birth to 3 Program is an early intervention program for children with developmental delays and disabilities ages birth to 3 and their families.

[Well Badger Resource Center](http://www.wellbadger.com) 1- 800-642-7837  
Health information specialists available to answer questions regarding a variety of programs for women and young children. Email: [wellbadger@wwhf.org](mailto:wellbadger@wwhf.org)

[Rusk County Youth Council](http://www.ruskcountyyouthcouncil.com) 715-532-4222  
Represent a community-wide effort to reduce underage drinking in Rusk County. We want to make our community a healthier, safer place for everyone, and provide our youth with the best possible opportunities for success!

[Cribs for Kids](http://www.cribsforkids.com) 715-532-2299  
Provides education and a safe place for infants to sleep for qualifying Rusk County residents.

[WIC-Breastfeeding Peer Counselor](http://www.wic-breastfeeding-peer-counselor.com) 715-415-0065  
Provides breastfeeding promotion and support through the WIC Program. The counselor helps the mother either in person or over the phone.

[Rusk County Breastfeeding Resources](http://www.ruskcountymbreastfeeding.com) 715-415-1714  
Link the local breastfeeding resources.

[Choices Health Network](http://www.choiceshealthnetwork.com) 715-532-7600  
Exists to offer clients education, hope, and support in a compassionate environment. All of services are free and confidential. Services have expanded beyond pregnancy support to include sexual health consultations for men and women.

[Children's Resource Center -West](http://www.childrensresourcecenter.com) 715-726-7907  
WRC is dedicated to helping families with children with special health care needs by providing information, referrals, connection and service coordination with providers, insurance and other parents.  
[www.co.chippewa.wi.us/crcwest](http://www.co.chippewa.wi.us/crcwest)



## Domestic Violence

[Embrace Safe Shelter and Advocates](http://www.embrace-safe-shelter.com) 715-532-6976  
Ladysmith

[Oakwood Haven Domestic & Sexual Violence Shelter](http://www.oakwoodhaven.com)  
Hayward, WI, Hotline (24/7) 1-800-796-9603